

ComForCare Is Your Partner in Managing Fall Risk

Fall-related home injuries are among the leading causes of acute care readmissions in the United States. The good news? Many such falls can be prevented with early risk detection. As a trusted in-home care agency, ComForCare has developed an innovative fall risk screening program that promotes early detection, effective management and patient empowerment.

Why Does This Matter?

Most falls are managed medically, however, studies show that providers who use the fall medical model show little to no impact on falls^{1,2}. Taking a team approach with frontline providers who regularly interact with patients can reduce preventable, fall-related injury readmissions and impact overall patient wellbeing.

Gaitway: An Innovative Fall Risk Screening Program

We view falls as something to be managed daily. Because it takes time for older adults to understand their roles in managing such risk, and patients typically learn better from home, we developed Gaitway. Gaitway is a proactive, patient-centered program focused on education, manageable recovery and reduction of future risk.

Enrolling your patients in ComForCare's Gaitway program will allow our team to continually monitor fall risk scores and provide immediate interventions as needed.



Zone of Opportunity.

Fall-related injuries are a leading cause of 30-day readmissions in older individuals who have recently been hospitalized, according to results from a study of more than 8.3 million Medicare beneficiaries.



We will:

- Screen for fall risk frequently using CDC evidence-based, validated screening tools.
- Communicate with care teams and alert to any change that could elevate fall risk.
- Schedule appointments and provide transportation as needed.
- Help build confidence which addresses the fear of falling.³
- Screen for polypharmacy, and encourage the review of medications.
- Complete a home safety evaluation, and assist with appropriate changes.
- Help clients understand how to manage other chronic conditions and comorbidities.
- Engage clients and caregivers to identify goals, mobility plans and barriers for recovery.
- Encourage appropriate strength and balance exercises, as prescribed.

Experience the ComForCare Home Care Gaitway difference today!

ComForCare is a non-medical home care agency with a mission to improve outcomes and create safer communities. We look forward to partnering with you and your patients.



¹ The New England Journal of Medicine Downloaded from nejm.org at UNIV MIAMI MILLER SCH MED on July 17, 2020

² https://jamanetwork.com/article.aspx?doi=10.1001/jama.2018.3097&utm_campaign=articlePDF%26utm_medium=articlePDFlink%26utm_source=articlePDF%26utm_content=jama.2017.21962

³ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6950034/>